Flow of a D-Group Meeting

A discipleship group should come together each week for accountability, training in God’s word, and a challenge to missional living. Formal meetings should last between 1 hour and 1 hour 30 minutes. Groups can meet anywhere: From the home of the group leader, to coffee shops, restaurants, even the church building. Below is a format for what groups want to accomplish when they meet together. Although a flow is helpful, be mindful of the direction of the Holy Spirit and the needs of those you are investing in.

Discipleship Group Flow

Look back: 25 mins - Accountability

Group members discuss:   
- Their week highlights/struggles  
- Their scripture memory  
- Their witnessing experiences   
- Something learned/applied from journaling

Look in: 25 mins - Lesson

Group members discuss:   
- Lesson prepared by leader  
- Group members should have worked on lessons prior to meeting.  
- The meeting time is just for clarifying questions and discussing application.

Look ahead: 5 min - Challenge

Group members discuss:   
- How they will apply in the coming week  
- Always leave with some way to apply Bible  
- Always leave with a challenge to share the gospel with the lost